

15th February 2008, Friday

General Knowledge (GK)

BASE ON HISTORICAL FACTS

Puwarida thokkhiba maru-oiba thoudoksing hangkatna yengkhatpa

Shok tarik	Thoudok
753 BC 33 AD	Rome leibak shemkhiba Jesus crucified toukhiba Manipur leibak shemkhiba
632 AD	Islam dharma lingkhatlamba Muhammad sikhiba
1347-80	Asia amadi Europe ta Black sing 75 million muk hatkhi.
1337-1453	Chahi chamma England amasung France lan soknakhiba; France na mai pakkhi.
1776	US ningtamba laothokpa
1789	French Revolution
1860-65	American civil war toukhiba
1903	Ahanba aeroplane paikhiba
1914-18	Ahanba malemgi lanjao (World war-I) thokkhiba
1917	Russian Revolution touduna Soviet Union lingkhiba
1939-45	Anisuba malemgi lanjao (world war-II) thokkhiba
1945	Hiroshima amasung Nagasaki da Atom bomb sing thadakhiba
1945-90	USSR amadi West leibaksinggagi marakta cold war tounakhiba
1950-53	Korean war toukhiba
1959-75	Vietnam war toukhiba (US yaoba 1961-73)
1961	Meena ahanba sundrangda chapa (Yuri Gagarin, USSR)
1961	Berlin gi chekpal khakhiduna East amasung West Germany khaidoknakhiba
1963	US ki President oiramba John F. Kennedy hatkhiba
1969	Neil Armstrong na tha leibakta chatpa ahanba meeo oikhiba
1989	Soviet Union loikhiba
1994	Nelson Mandela na South Africa gi president oiba
2001	America gi World Trade Center, New York ta leiba terrorist ni hairiba Bil Laden gi kangbuna thugaikhiba; masigi iroinana US na Afghanistan da landakhi.
2003	Iraq ta lal touduna Saddam Hussein mafam louthokkhi, election touhankhi US na luchingba kangbuna.
2006	Malemda kinaraba leina bird flu pak sanna sandorakkhi.

Manipur State ki Lengdana Leiraba Achumbasing

- State Emblem -Kangla Sha
- State Flower -Siroi Lily (Lily Macklineae Seal)
- State Animal -Sangai (Brow antlered Deer)
- State Bird -Nong-in
- State Tree -Uningthou (Phoecha Hensiana bonson)
- State Game -Sagol Kangjei (polo)

Lammit-tumitki Achumba

- Manipurgi pakchaoba- 22,327 sq.km.
- Manipurgi apunba pakchaobagi manungda forest area na konba pakchaoba- 67% apunba pakchaobagi haibadi 15,154 sq. km.
- Manipurgi apunba pakchaobada tampakki sarukna kolliba mafam – 8% apunba pakchaobagi.
- Manipurgi khwaidagi sangba turel –Imphal turel (river), konna Manipur River haina kounei Serou lanthoklaba matungdadi. Khwaidagi chaoba turel – Barak turel.
- Manipurgi khwaidagi wangba chingdol (mount) – Mount Tenepu , wangbana 2994 metre, leifam Senapati dist. ki Nagaland ga tainaba mafamda.
- Manipurgi leifam – longitude - 93°. 20 E amasung 94°.47 E, Latitude- 23°.50 N amasung 25°.41N, Altitude- 781 dagi 2,020 meters, amadi Imphal gi altitude – 800 meters ni.

Atei atoppa achumbasing

Meesing (Population):

- Apunba meesing - 22,93,896 (2001 gi India gi meekok thibagi matung - inna)
- Nupa masing - 11,61,952
- Nupi masing - 11,31,944
- Mee tabagi chang - Km. amagi changchatta meeo 103 lei.

Q&A:

USA da pangthokkhiba World Women's Boxing Championship ta Silver Medal fanglakhibi Manipuri nupi adugi maming kari kou-e?



Fortnightly THE LIBERATION TIMES

“ATHOUBASINGNA KATTHOK-E, YAWOLNA KHUMANG CHAOSHILLI”

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PLA gi Firm No. 5 ta yokliba sha-nga singgi manungda makhal ama oiriba ok (Pig)

PARTY GI ARTICLE 19

Article 19: Party gi meeo khudingna makhada piriba mathou asibu mapung fana pangthokkani.

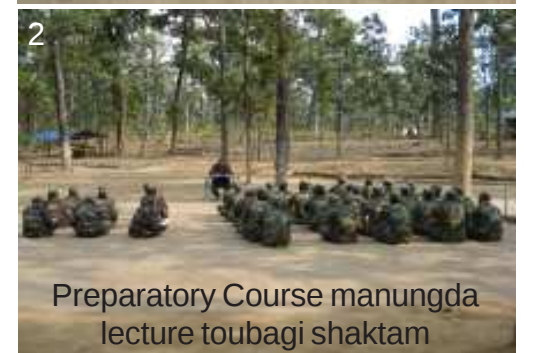
- Party bu pukchel sengna amadi chetna thajagadabani. Cheen-ga khutka mannagadabani.
- Party gee principle, Party gee lambel, thousil amasung warep sing, Party gee mathou taba lousing, Party gee wakhallon amadi lanjang singee pomit singbu hei-singna amadi pukchel sengna neinagani.
- Marannaigee apambabu Party amasung meeyamgee makha polhanduna party gee principle singbu athuba matamda loukhatkadabani. Masigidamak awa-ana khudongthiba thengnaba amadi kathokpada manggil thaba tannagadabani.
- Party na sinnarakpa thabak khuding mapung fana pangthokkadabani amadi party gee warepsingbu matam pumbada ngak-sen-gadabani. Party gee thaksi-khasi amadi chatnabibu pukchel sengna in-gadabani. Party gee aronba ngamna ngakkadabani amadi party gee apambasingbu mawong chumna ngakkadabani.
- Mayamgee apambagee makha ponna amadi party gee apambabu sougattuna machet tabagee wakhallon, ani thokna thabak touba amadi tongan tongan-gee thabak khudingmakpu maiyoknagadabani.
- Criticism amadi self criticism leptana pangthokkani. Thabakta shoirakpa amasung sottharakpa singbu uthokpa amadi chumthokpada thouna leigadabani. Afaba meeo afaba thabakki matung induna fattaba mee amasung thabakki maiyokta thengnagadabani.
- Meeyamga achetpa mari sagatkadabani. Mityeng sing amadi apamba sing matam chana party da khanghan-gadabani. Makhoigee political gee wakhal taba adu hen-gatnaba makhoibu mateng panggadabani amasung makhoigee maram chaba achumba amadi apamba singbu ngakkadabani.
- Ning-kha tambagi lalsida ema leibak amadi mayamgidamakta awaba amadi khudongthiba matamda awa-ana amadi siba kidana mangda chongsinduna amadi thouna leina thengnagadabani.
- Party gee luchingba sing amadi ithak thongbasingbu ikai khumnagani amadi makhoibu thaoi-usittaba amasung thak mannana lousinba touroidabani.
- Isabu matik chabani mamal yambani haina khak khalloidabani.
- Huran chinthi, khatna-cheinaba amadi okta lichat chatloidabani. Party gee maiyokta karigumba makhal amattagee nisha sijinnaba yaroi.
- Party gee phiral amasung esheibu ikai khumnagani.

Mathakta palliba mathou sing asibu party gee meeo amattana indaba nattraga thugaiba yaroi.

PLA gi Firm No. 5 ta yokliba sha-nga singgi oiba photo khara manunggi lamaida...



“Preparatory Course-1 2008, GHQ”



Preparatory Course manungda lecture toubagi shaktam

PLA gi General Head Quarter da 3rd February 2008 tagi “Preparatory Course-1-2008, GHQ” haina mingthonba course ama chatthakhre. Course asi PLA gi nouna train touraba lanmeesingbu henna heithoi singthoiba lanmee ama oihannabagi pandamda toukhiba course ni. Masida Basic Intelligence ki oiba course amadi Manipur gi puwari, khunnai, colonialism, neo-colonialism, sovereignty, malemda thokkhiba revolution, ningtam lanjanga mai pakkhibagi puwari, RPF/PLA gi ningtam lanjanga-malemgi law na yaba lanjanga, ashengba yawolloi amada kari karamba goon chen-gadage amasung yawolloisingna karigi hotnaba kangadouribano hairibasing asigi hiramsginda marik chumna takpi tambikhi.

“Thouna faba amasung achumba maktaba wakhalna matam pumnamakta mai pakpada lamjing-e”—IC

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Atei Party ga mari leinaba pao

Sinmeesinggidamak Yaiphanaba Meetyeng Changlagani.

February 1: Humang mamalna hingnabagi lambi oiriba sinmeesinggi tunggi yaipha thouranggidamak Kangleipak Communist Party (KCP-military council) na chekkon yaona hiram ateida meetyeng changba houragani haina lup asigi Commander in-Chief Laishram Lamyarba na fongdokkhre. Churachandpur district ki mafam amada paomeesingga unnaba amada Commander in-Chief asina makha tana haikhi, chekkonsingda sinmee oiribasingna labour department na leppa shenfamda pidaba, magi magi apam pabda leptuna sinmeesinggi hak matpabu lup asina hakchinna lou-i. Chekkon khakta nattana atei thabak shufamsingdasu sinmee oiriba eireichasinggidamakta lup asina matam leiba khibikta yaiphanaba thabak thouram kaya paikhatkani. Chahi asigi March faobagi manungda lanai clinic hospital singda anaba amadagi louriba shenfamsing ticket amadi bed nachingbagi charge yaona mari leinaba che-changga loinana khanghan-gadabani haikhi. Mahakna makha tana haikhi, Tamenglong yaona chinggi dist. kharada central bamboo project ka mari leinana lakkhiba shenfamsing lanna sijinnaduna meeyamda fanghandaba asida lup asina forest dept. bu lemna khak tharoi haina fongdokkhi.

Sign Board ta Meitei Mayekna Thabagi Anouba Matam Pikhre.

February 1: Manipur gi tampakki dist. marida thetliba sign boardsingda chatliba chahisigi March tha faobagi manungda "Kanglei Eyek" mathak thangna amadi makhada iba English mayektagi yamdrabada saruk anidagi henna chaona inaba KYKL gi publicity and research ki deputy secretary Apabi Mangangna thadorakpa cherol amana khanghankhre. Cherol asina makha tana Bangali mayekki mahutta Meitei mayekna sinduna chatnanaba houriba ihougi maru oiba amadi masida KYKL gi meetyeng amasung firep Kanglei meeyamda houkhiba chahi 2006 ki August 8 da lupsigi General Secretary na mayek shengna thamkhrabani hairi. Govt. na mashak khangduna primary thakta tamba houraba mayek 27

chatnahannaba toufam thok-i haina khangba thabaksing akhakpa leitana paikhatlagani haina laothokkhiba wafam nouhoua thamlakli. Laothokkhiba warolgi manungda yaokhiba chaorakpa wafamdi tampakki dist. marida leiba lanai dukan, lup nattraga institution khudingmakta mathakta Meitei mayekna thagadabani amadi makhada thaba English mayektagi saruk anidagi henna chaogadabani, sign board ki mayek onthokpaci thabak 2006 ki September 15 nattraga masigi manungda loisingadabani amadi thaoidrabadi matik chaba cheirak pigani haibasini. Adubu laothokkhiba asibu masing yamba meeyamna wafam asi ngakna houjik faoba thabak toude haina KYKL gi cherol asina nungaitaba amadi hakchinna lou-e. Khongjang asi mai paknaba hotnabada loukhatfam thokpa thabaksing thinthaba toudana loukhatnaba warep loure hairi. Nouna matam piduna thabak loukhatnaba thamliba wafam thaoidaba meepum khudingmak Kanglei iyek chatnahannaba pamdaba, Bangali mayek yokkhatpa pamba meeoini haina louraga Kanglei Eyek chaokhatnabagi maiyokta leibagidamak matik chaba cheirak thinthaba toudana pigani haina makha tana fongdokli.

IOF ki namthak langgi saruk amani: UNLF

February 5: Houkhiba tang 4 gi numit yungba aduwaida Chandel Dist. ki manung chanba New Somtalda Khulgi meeyamna lambi semlingeida mafam aduda leiramba bomb ama pokhairaktuna nupi ahum sikhiba aduga ateina asok-apan nanghankhiba thoudok adu IOF ki aronba namthak langgi saruk amani haina UNLF na maral siri. UNLF ki senior publicity officer Kh. Yoiheibana thokpa cherol amana, thoudok aduda leikhidraha amadi asok-apan nangkhrabasinggi imung manunggi awabada saruk yari hainasu fongkokli. IOF na yousillamba mafam khudingda makhoia lonna fumduna thamlamba bomb kayana lamdam asigi chamjaraba khunja kayabu asi-ana nanghallaga UNLF/MPA da maral thangjinnaba hotnariba IOF ki namthak lang asi meeyamna mamanggi thoudok kayadagi thengnaduna laklabani. New Somtal area da IOF ki mayang lanmeesing

asina changlakpa matam amadi makhoia leisillingei manungda asigumba bomb pokhaibagi thoudok amatta thoktraga makhoia mafam asidagi handokkhraba matungda sigumba thoudok asi thoklakliba asi IOF singgi tamthiba khujil thourang adu nattana atei amatta oiroi hainasu cherol asina makha tana fongdokli.

SO faoba khut thanaba phirep louragani: KCP

February 6: Public Health Engineering department gi chief engineer Jaychandra Sharmadagi houraga Dept. asigi section officer (SO) faoba khut thanaba firep louragani haina KCP (MC) gi dist. commander KC. Meitei amadi commander in-chief Lamjingba Khuman na punna shahi touduna thadorakpa cherol amana fongdorakli. Cherol aduna makha tana hairi, dept. asigi chief engineer, SE, EE, AE amasung SO sing KCP (MC) na thamoi sengna nijaba tengbang pibibagi mahutta thaui-usittana karem kathainaba amadi thousadabagi thouwong chatharakpabu lup asina hakchinna lou-i. Party asina ngasi faoba kanagumba meeo amattabu wayel bichar toudana dandi pikhiba leikhidri. Party asigi peoples court ta trial chatharaba tungda dandi pigani laothokkhraba meeoisinggidamak kanagumba amattana wakat meefam fambiganu hainasu cherol asida fongdokli.

KCP na Forest Dept. da thamlamba athingba komthokkhre.

February 9: Wa mapal satpadagi uchi ngakthoknabagidamak thadarakpa senfam lairaba meeyamda youhande haiduna KCP (MC) na forest department da thamlamba athingba yanaba amagi makhada komthokkhre hairi. KCP gi commander in-chief Lamyarba Khuman na thokpa cherol amana hairi, KCP na ching-tam khaidana mannaba mityeng thamnabagidamak changsillakpa khongjanggi saruk ama oina Manipur gi tongan tonganba dist. sing – Tamenglong, Senapati, Ukhrul, Chandel amasung Jiribam gi mafamsingda wa mapal shatpadagi awaba taraba meeyamsingda mannaba tengbang pinaba meetyeng thamli haina fongdokli.

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PLA gi Firm No. 5

PLA gi lanmeesingna-meeyamdagi louba mateng khaktana hing-gani haibagi wakhallon thadoktuna, yawol lanmeesingna tangaifadana toufam thokpa ithoudangda yumfam oiraga mahousadagi lishang shitna chattharakpa ishagi potthokkidamak lou-u sing-uba, matam matangi mana-mashing amadi sha-nga yokpa loibagi thabaksu adummak chattharakli; masiga iroinana-chephong asigi oina "PLA gi Firm No. 5" ta loiriba sha-nga singgi photo khara utli:



"PLA gi lanmeena yeknabaga lenthangnabata nattana propaganda gi thabaksu tou-e amasung ishana shijinnanaba potthoksu puthok-e. Masina eikhoibu mafam amatam amasung natei chaba-chadaba pumnamakta mathou taba potlamsing fanghalli."



"Ok (pig) ta nattana atei ven-nganu su Firm asida marang-kaina loiri"

Huyel lallong championship loisinkhre.

February 1: Yelhou Inat Sindam Lup Soibam leikaina sinduna Citizen Club ground da houkhiba tang 29 dagi chathaba houkhiba ahanba state level Invitation Huyel Lallong championship 2007-08 Manipurgi Maharaja Leishemba Sanajaobana athoiba mithunglen oiduna loisinkhre. Championship asigi team champion Yelhou Inat Sindamsang Moirang Kampuna takhre. Championship asigi Kg. 35 gi nupimachagi kanglupta O. Omilana ahanba, A. Linthoingambina anisuba, Th. Leishembi amadi L. Priya na ahumsuba takhi. Kg. 35-40 gi nupimachagi kanglupta Th. Romila na ahanba aduga S. Chanchanna anisuba takhi. Kg. 35 makhagi nupamachagida Y. Jackson na ahanba position, L. Karanjit na anisuba, W. Hemanta na 3 suba takhre. Kg. 35-40 mathakki nupamachagida Y. Amujitna ahanba, Th. Ruhinikumar na anisuba, Th. Suraj amadi Y. Rosan na ahumsuba mana loukhi.

22 rak suba North East Games**Manipur na overall champion oire**

February 2: January gi 30 dagi Guwahati gi Sarusajai da leiba Indira Gandhi Athletics Stadium da awang nongpok ki state nipanna saruk yaduna chathakhiba 22 suba North East Games ta gold 61, silver 31, bronze 42 punna medal 134 fangduna overall team champion mana Manipurna lourakle. Manipurna overall champion mana loubasi handakki asi tharaga 20 lak subani. Games asi Sok 1986-87 tagi Imphaldagi North East ta leiriba state singtagi oiba games oina houkhibani.

22 suba North East Games
Manipur na fangkkiba medal sing

Events	G	S	B	T
Athletics	5	8	15	28
Badminton	0	0	5	5
Boxing	7	4	8	19
Football	1	0	0	1
Judo	9	2	2	13
Karate	8	3	3	14
Kho-kho	1	1	0	2
Table Tennis	0	0	4	4
Taekwando	5	3	1	9
Weight Lifting	10	5	0	15
Wushu	15	5	4	24
Total	61	31	42	134

ARC na Kanti Mukherji gi winner oikhre.

February 3: Manipur Hockey Association na sinduna mamang chahi 2007 gi December 30 dagi Khuman Lampak Hockey Stadium da chathakhiba 10 suba Dr. Kanti Mukherji Memorial Invitation Hockey Tournament 2007-08 gi winner ARC (Assam Regiment Center) Shillong na oikhre. Tournament asigi final match ta ARC Shillong na Manipur Police Sports Club, MPSC bu goal 5-2 da maithiba piduna ARC na winner oikhiani.

Silver medal lourakle

February 3: Poirei Shaphaba Body Building Centre, PSBBC Thambalkhonggi Body Builder Chanam Somen na January 28 dagi 30 faoba Kolkata da pangthokkhiba 40 raksuba All India Central Revenue Sports Meets ta Body Building competition gi kg 70 gi mathakki kanglupta silver medal fanglakle. Mahakna silver medal fanglakpada PSBBC gi maikaidagi harao tayamba fongdorakli. Ch. Somen houjik houjik Costume Division Imphal da thabak touribani hairi.

Manipur na runners up tarakle.

February 7: Tha asigi 2 dagi 6 faoba Guwahati Nehru stadium da chathakhiba 20 suba Sub-Junior National Kabadi championship ta Manipurgi nupamachagi team na runners up tarakle. Sanakhiba final match ta Manipur Maharashtra gi makhutta point 18-14 da maithiduna runners up takhibani.

Manipur na champion oire.

February 7: Thasigi 5 dagi 7 faoba Katakta chathakhiba ahanba All India cash prize baseball tournament (women's) ta Manipur na champion oiduna selgi mana lupa 50,000 gi mapu oikhre. Sanakhiba final da Manipurna Goa bu 3-2 da maithiba pikhibani. Championship asida group ki match ta Orissa, West Bengal, Andhra Pradesh amadi Jharkhan bu maithiba piduna semi final changlakpaga loinana semi final da Delhi bu 7-4 da thoiduna final yourakkhibani.

Loktak Trophy loisinkhre.

February 7: NHPC Led. Loktak power station Manipurgi sponsorship makhada amadi AMOFA, Moirangna sil langduna mamang thagi 22 dagi Moirang Multipurpose Higher Secondary school ground da chatharakkhiba ahanba Loktak Trophy 2008 ngasi final match ta KLASA Keinou na TRUGPU Nambol bu tie-break ta maithiba piduna KLASA na winner oikhre. Winner oikhiba KLASA da trophy amadi selgi mana oina lupa 20000 amadi runners up takhiba TRUGPU Nambol da trophy ga loinana lupa 10000 pikhi.

Manipur na overall team champion oire.

February 9: Sepak Takraw Federation of Indiagi mityeng makhada thasigi 7 tagi Goa da pangthokkhiba 10suba Sub-Junior National Sepak Takraw championship ki overall team champion Manipur na loukhre. Nupamachagi regu final da Manipur na UP bu point 16-21, 21-8, 15-6 ta maithiba piduna champion oikhi. Nupimachagi final da Manipur UP gi makhutta maithiba fangduna runners up takhi. Final match asida UP na point 7-21, 21-18, 15-12 score toukhi.

WBO gi welterweight title Quintana loukhre.

California, February 11: Tha asigi 9 da California gi Temecula da leiba Pachenga Resort and Casino da pangthokkhiba WBO welterweight championship boxing da Carlos Quintana na California gi Paul Williams bu 12 round faoba sannaduna 116-112 amasung 115-113 score anirak touduna anouba champion oikhre.

INDIA GI LANMEE NA AWANG NONPOKTA CHATTHARIBA LALLONG (Ahumsuba chephonggi makha)**Involuntary dis-appearance ka mari leinaba Case kharadang pallabada:**

AFSPA ahanba chatna-hallakpa sok 1980 gi tangakta khongmangi kangujam Loken amadi Lokendro kouba naha 2 Army na fakhraga masa manghankhraba matungda 1981 gi December 2 da Khundrakpam Constituency gi manung channa leiba Pukhao Terapurdagi Chandam Chaoba kouba meei amabu Sagolmang Purul chingjinda leiba CRPF na fakhraga makha tarakpada mahakki masa amuk hanna puthorakpa ngamkhidre. 1983 gi November 6 tana Ukhrul da Oja oiduna leiba Khaidem Budhabu Pungdongbamda 17 suba AR na fakhi. Nongallaga AR da chattuna hanglubadadi maral leiramdrabaduna thadokkhrabani Chungbung Village gi khullakpada sinnarmale hairakkhi. Khullakpada hanglubadana sinnarakte hairakkhi. Masigidamak 17 suba AR na Khullakpabu Electric sock faoba touduna ot-neikhi. Aduga Budha gi masadi hingna nattraga sina amukhanna fangba leikhidre. Aduga 1997 gi February 12 gi numidangda Yairipok Anghada leiba Yumlembam Sanamacha kouba chahi 14/15 romta ngairiba maheiroi amabu Yairipok ta post hangduna leiba 17 suba Rajput na Rifle ki Major Mahindra kouba amana luchingba sifai kangbu amana fakhi. Mahakki masadu amukhanna puthorakpa ngamkhibadagi achouba wathok oikhi amasung masasu amuk hanna fangkhidre. Aduga 1998 chahisimakki september 24/25 gi lonnaba ahingda Jiribam gi Kadamtola dagi 317 suba Field Regiment na fakhiba Kwakeithel Akham Leikaidagi Khundrakpam Yaima @ Boyai su matou asumna fakhraga masa thiba fangkhidre. Thoudoksigi mamangdana 1996 ki June gi 4/5 lonnaba ahingda AR kangbu amana faduna pukhiba Laishram Bijaykumar busu asumna masa manghanbikhi. India gi Constitution da piriba fundamental right singgi manung challiba right to life haibadu Indian masana ngakte, magi tolob piduna tamba sifaising thajinduna meebu namduna manghanbagi thabak pangthokhali.

Press amasung Media da singnarakpa

Indiangi lanmeena Manipur da chatthariba lallongsinggi marakta panba yaba amadi makhoina aranba chumdaba kaya touraga malemgi meeyamgi mamangdana afaba sana utchaningduna Press, Media amasung Public Opinion bu makhoigi meechangda thamnaba hotnarak-e. Makhoigi PIB Defence Wing na thadorakpa cherol khudingmakta makhoiga tounaba fack encounter da sikhibasing aduna hanna kappakpani, handuna kappada sibani haiduna makhoi asi (lanmeesing) yamna lanjadaba, mee hatningdaba oina uhalli. Pressman/Editor nachingbasu achumba adu khanglabasu konna Press ta landabiragani khanna kibana Army na pirakpa waroldu adummak fong-e. Aduga Public Opinion bu makhoigi maikaida lephannaba paomee amadi social organization singbusu makhoina pamba maongda sijinnei.

Madugi khudamdi chahi kharagi mamangda fonglamba Manipur News gi Officeta Press release thilluraga hallakpa PIB Difence Winggi meei ani PLA ni chingnabasingna lambidagi fakhi. Matamduda Manipur News gi Editor oiramba Thounaojam Brajamani asi Assam Rifles ki meeoisingga yamna naknaba mari leinei haina nangnaba leikhi. Numittugi numidangda Brajamani na sillaga Editor singgi meeting ama mahakki chamber da pangthokkhi. Meetingduda mahakna haikhibadi Armygi Training fanglaba khutlai paiba PIB Defence Winggi personal 2 dubu makhoidi khulai paiba natte, echam chamna press release thinba lakpani, makhoidi eikhoi Journalist singgumbani makhoibu thadokhannaba appeal tousi hairakkhi. Brajamanina kanna takpadagi Editor singna personal anidubu thadokpinaba paochesinggi khuthangda appeal ama toukhi. Mahakna AMUCO dasu laktuna PIB personal anidu thadokhannaba appeal toubinaba haijakhi. Adubu AMUCO na yakhide. Matunga AR na Deven kouba

paomee amagi mateng louraga Sangai Express khaktada personal anidubu thadokhannabagi appeal ama Pradhan amadi Meira paibi lup kharana toubana ngamhankhi. Thabak asida Malomdagi Sanahanbi koubi hannadagi Army ga samnarakpi Nupi amana yamna chaona mateng pangkhi. Malom, Ningombam, Kodompokpi, Lairenjam, Meitram, Hiyangthang nachingba mafamda mahakna AR ga loinana chattuna pradhan amadi Meira Paibi lupsinggi meeoisingdagi makhoi makhoigi ahangba letter head singda sahidamak touhallaga, masa leiramdabasinggina emunggi mee amana hekta touhallaga lourakkhi aduga warol aduna Sanahanbina AR ga tannaduna iraba matungda Press ta thadorakkhi. Masi lamdamsigi Paomee amadi Meeyambu matou karmna sijinnabage haibagi khudamsinggi manungda amani. Makhoina Pressman singda lemna nattraga ahongba mamalda pot-chei amadi oija oithak kaya pisinduna paomeesingbu makhoigi khubamnungda thamjinnaba hotnakhi. Houjksu makha tana Manipur Press Club ta lairik, TV, Sofa, Chair nachingba piduna paomeesingbu makhoigi khubamnungda thamnaba hotnaba lepri. Panba yabadi 1998 gi December 22 da RPF na thokpa cherol amada 13th Asian Games ta Boxing da gold medal lourakkhiba Dingkubu pukning thougattuna angamba selgi mateng pigani haikhi. Madugi paokhum amana 1999 gi January 2 da 57 Mountain Division na thadorakpa cherol amada Dingku RPF tagi selgi mateng loudanaba khanghankhre haina fongdorakkhi. Masi meeyamga loinana yawol lantheng ama changsilliba yawollup amaga meeyamga samnahandanaba chattharakpa khongthangsinggi manungda amani. Atei khara haiba taragadi encounter da siraba nattraga fack encounter da makhoina atamnana hatkhraba yawolloisinggi mongfamda saba fura hek hek thugaiba, heikat leikat tambanachingbabu thugaibagi thabaksu chatthei. Pumnamaksi meeyamga yawol lanmeega khaidoknanaba changsillakpa khongthangni.

(Makha mathanggi chephongda)

India gi capital Delhi da awang nongpoktagi lakpa nupisingbu yamna tukatchaba maongda chathaba crime singna ne-tana, aki tujungba yaodana leiba ngamjade. Houkhiba chahigi September 16 ta Delhi University da tamjabi Manipuri maheiroi amabu namja nengtheknaduna nupi oibagi ikaikhumnaba manghabikhiba amadi atei 3 amabuna masa soktuna natei chadaba maongda chathakhiba thoudok loinana yamna nouna mamuksu nupi machin manao ani da nupa 25 romna karan tabiduna tathi taoina toukhiba thoudoksing mathang mathang asina lamdam asida leiriba meeoising asi yamna sathiba sajat lichat chatpa kanglup amani haibasi haimanba thokloi. Asigumba thouongsing asida Delhi da leiba lairik laisu hairaba, police amadi lamdam adugi meeoisingna thouong adu una una khangsinnadaba saduna leithoklaga onnateinana thokkhiba thoudok asi awang nongpokki lamdamdagi lakpa nupisingi lamchat kamba, nisha chaba, oktabising, iyada yaba kangbuni haiduna maral siri. Masigi laraba khudam haibabu, Delhi police na Delhi da lairik laisu tamlibi nupisingna setkadaba, setloidaba, amadi chagadaba, charoidabagi matangda chejai chaiduna amadi tonganna chafong fongduna chaithokpa asini. Masina awang nongpok lamdamgi meeoisingbu malemdagi tokhai tana uhannaba hotnari.

Houkhiba matam khara gi manungda awang nongpoktagi maru oina Manipurdagi chatkhiduna lairik tamjariba amadi thabak macha macha toujaduna punshi hingnaba hotnajariba nupimachasingda lamdam adugi nupasingna yengliba mityeng amadi meeoiba khunnaigi nattaba sathiba lamchat ki thabak thouongsing asi atamnana

chatharakpa thoudouni, masi eikhoina taraina loufam thokte, matam chana chumthoktuna para tambiba mathou tai. Makhoigi loilam leingakki media (Mail Today) na faoba lamdam asomgi nupising asi drug pubada sijinnaba, lalhoubagi paokholloi oina uba amadi oktabi oina uhannaba hotnariba asisu eikhoina nupisinggi mafamda thamliba ikai-khumnabasing asigi maiyokta singnaba amani. Thoudok sing mathang mathang thorakpana ngasi ngarangtasu chatliba tha asigi tang 15 gi numidangwairam Delhi gi Kotla haina khangnariba mafam asida leiba nupi macha ama nupa 6 na namja nemthehtuna nupi oibigi ijat manghanbinaba hotnaramkhi. Masida nattana awang nongpok lamgi Arunachal Pradesh tagi nupamacha ahum Delhi da leiba meeoisingna tamthina phukhiba thoudokta police na faoba yengduna leithokpa asini.

Awang nongpokki sak chu mannadaba eikhoigi kanglup asi makhoina kaya yamna tathi taoina toubage haibasi ngasidi makhoigi leingak asitana touramba adudagi makhoigi meeyamna fongna singnaba thoudok kaya chatharakliba asina mayek senghalle. Punsinba yararoidaba makhoigi sajat lichatsing aduda eikhoi ngasidi chaning tana wakhal khandaduna tunggi oiba eikhoi isha itommata ning tamna hingjaduna eikhoina eikhoigi khongfam lapchaduna saktakchaba matam adu oire. Leirik laisu tamba amadi thabak toubu yaona mapan lamda leiriba eikhoigi lamdam asigi ichil inao eche ichal pumnamak punsinduna khudongthiba asidagi ngakthoknaba sem-saba tangaifade. Iramdam Manipur amadi awang nongpok lam asi chaokhatpagi mami samkhiduna meeiobagi hingnaba lanfamda sufam nomfam khangdaraba

mafam ama oirakliba asigi maram kaya asidagi khunai asigi mahei masing tamluraba meei kayana mapan lamda chattuna thabak toubu amadi mahei masing tambagi lamda nena tana mahei tamba fangdraba mafam ama oiduna atoppa mafam Delhi nachingba India gi mafamsingda chattuna mahei tamba amadi thabak toubu haibasi kaya kuina ngamgani haibasini. Nongma nongmagi sel-thumgi fivam sokchillakliba iramdam asina macha masusingtabu farabadi khanduna hotnariba asi tungkoina chatpa yaba eikhoigi afaba thousil amadi natte. Eikhoina iramdam asigi education gi thak wangkhathanduna mahei tamluraga kannafam piba ngamba iramdamga chusannaba maonggi leirik khutambi adu mathou tari. India gi oiba chatnabi maongda fana yamna leirik tamlurabasu nongma nongmagi kannafam khangdraba meei masingna leptana hengatlakli. Masagi khongfam masana lepchaba ngamba meei masing yamna thoraktuna khunnaigi sinmitlongga mari leinaba thabak inkhang puthokchaba ngamdari, kannafam khangdana taduna leiri masina khunnaida charangnaba kaya thok-handabasu natte. Mapan lamda leirik laisu tamnaba hotnabada thariba sel mayam asi masing thibada waragani, chahigi leptana houkhiba chahi 10 rom asida khunnai asigi selfam mayam ama mapan lamda drain touduna pukhrabani. Kannadabada kannafam channafam leiroidaba mahei khutam aduda tamlubagi karibu kannaba fangani. Pumnamak ngasidi iramdam asida maiyol thamduna iramdam chaokhatnaba, iramdam asi ningtamba leibak ama oinaba khongjangda "India thadoklo" "Manipur Kallasi" haiba khollaoga loinnana khongjang kaya changsillasi. ■

Football/Soccer mashanna asigi hourakpham-

Mashanna asiga mannaba mawongda anganba matamda natki oiba mawongda chaorakna ngasidagi chahi 3000 mukki mamangdagi sanaba houraklaba mashannadagi ngasigi football natraga soccer haiba asi oirakpani haina thajanari. Adubu kana amattanadi masi hourakkehibagi matam amadi kadaidagi hourakkehibano haibadu chap chana haiba ngamdari. Japan da 1004 B.C. aduwaida ball kaoduna sanaba masanna soccer gi maong manba asi apikpa lampak amada sanabagi wari lei. Chinese singna 500 BC aduwaida sha-ungi ball kaoduna sannabagi maong amasu lei, Chinese londa tsu chu (ball kaoba) haiba wahei masimakki maong asi soccer ga mannare haiba ngamde. Anganba matamda Roman singna houjikki soccer masanna asiga haifet mannaba sannarammi. Mamangei matamgi Olympic games toubada nakal amada meei 27 leiba mashanna pangthokkehibada minute 50 gi matungda saruk 3 thokpagi amadi hospital da laikannakhi haibagi warisu lei. Mashanna asigi hourakphamgi oiba wari wakhong thirakpada kana amattana haiba ngamde. Hainaba amadi Asia gi leibaktagi Europe lomda sandorakkhi haina. Mashanna asina England da aroiba oina hek thungkehibadagi masigi maramda fattaba reputation kayana British ningthou kolda haingamdana khudongthina leirakkhi amadi leingaklon aduna karigumba matamda soccer mashanna asi sannaba meeoisinggi maiyokta law kaya puthokkhi. England da (1307-1327 A.D.), king Edward na panba matamda kanagumba amana hekta soccer sannabada phaduna phadok pinabagi ayaba law puthoktuna ayaba pirammi. King Henry IV amasung Henry VIII na sannabagi maiyokta lawsing pass toukhi. Adumoinamak lawsing adu chatnahanbada maipakkhide. Sok 1800 gi asiwaidagi mashanna asi yamna pamnana maming leiba game ama oiraktuna Northern amadi middle England na chahi chahigi ather ahen tannaduna sanakhi. Puwarigi oiba record kayada game asigi maramda chatna pathapsing semduna England da leiba achouba college singda pansinduna standardized rulesing oina Cambridge rules haina khangnakhi. Ahanba oina England da soccer asi sannaba thingkhi, madudagi asum asum anouba matamgi mashanna soccer asi malemgi mafam kayada sinba thungna sandorakkhi. Ngasidi, yetnaba amatta yaodana soccer mashanna asina malemda leiriba mashannasinggi manungdagi khuwaidagi ihen henna yengba mashanna oire. United States ta pangthokkehibada World Cup ki matungdagi mashanna asibu yengba meeoising masing asi asukki matik yamduna, 33 billion muk henna youkhi. Masina soccer mashanna asina, mee yamna yengba malemgi mashanna ama Olympics tagi henna faoba yengkehibu haibadu oihankhi.

Football/Soccer shanabagi thouongsing-

Football shanabagi tangaifadana changdaba yadaba ahoubu tangkakki thouongsing asi Kicking, Trapping, Pribbing, Passing, Heading, Tackling amadi Goal keeping asini.

Kicking- khwaidagi maru oiba mashana asigi Kicking (kaoba) haibasi amani. Matikchaba footballer ama haibasi kaobagi mahei asi ningthingna fivam amada hekta khong amana kaoba ngambagi heisingba adu oigadabani. Masida lappa, nakpa maiyon khudingmakta apamba mawongda pass toubu mathou tai.

Trapping- masigi wahanthokti ball adubu laksinba ngambagi khudongchaba fangbaga player dagi handorakpa ball adu ngakpani.

Dribbling (chenthaba)- ball adu leptana chentharingei matamda pass tounaba ngaigani. Chentharingei manungda ball adu kaoroi adubu namduna thamgani. Matam asida khwaidagi cheksingadaba asi sannaminnariba team-mate sing loinana lambasing aduga loinabada ball asisuni.

Passing- player singgi marakta afaba mari leinaduna yamna effective oiba passing asi player sing khudingmakki changdraba yadraba mathou taba amani. Passing asi atenba, natraga sangba mafamsingda kok natraga khongna tou-e.

Heading- kokna manglomda louduna yamna yangna/tappa khongjelga loinana inkhibagi maongni.

Tackling- masi lamba adudagi ball louduna/munduna amadi madubu laksinba ngamba aduni.

Goal keeping- khwaidagi maru oiba ama oiriba asisu goal chalgadabada adu thingba asisu amani. Masigidamak matik chaba goal keeper masagi heisingba pangalna hotnajaba ngamba adu thamba mathou tai. Goal keeper di khong amadi khut animak sijinnagani. Goal keeper na ahanbada khut sijinnagani amasung masa aduna khutki maningda leiduna ball adu pal oina ngaknaba hotnagani.

Mashanna asigi rule sing-

Ahanbada, Football shannabagi field gi mawong matou- Anouba matamgi soccer sannabagi mafam asi rectengular (marak mayung sangba mannadaba, mayungna sangba maong) soidana oigadabani. Asangbada 90 m (100 yds) asina yamdrabada, aduga yamlabada 120 m (130 yds) oigani. Apakpagi oina yamdrabada 45 m (50 yds) aduga yamlabada 90 m (100 yds) oigani.

International oiba mashannasinggi oinadi- Asangba asi yamdrabada 100 m (110 yds) amadi yamlabada 110 m (120 yds) oigani. Apakpana yamdrabada 64 m (70 yds) amadi yamlabada 75 m (80 yds) oigani.

Field shembagi maong- Akoibagi asangba line (lei-e) ani leigani masi touch line sing haina kou-e. atenba line ani amana goal line haina kou-e. Touch line anigi marakta field asi ani thokna halfway line haina khaidok-e. Mayaida centre mark haina halfway line gisu mayaida yekkani. Masi akoiba line circle maongda 9.15 m (10yds) ta radius oiduna yekkani. Goal area- masi field gi aroiba machin anida asumna oigani, madudi goal line aduda right angles oiba lei-e ani 5.5 m (6 yds) goalpost adugi matai anidagi chinggani amadi goal line ga parallel oina samjinnagani. Asumna mafam asi goal area haina khangnei. Penalty area- masi field gi aroiba nakal animakta goal line dagi right angles oina lei-e (line) ani goalpost kina matai oina 16.5 m (18 yds) sangdoktuna chinglaga goal line ga parallel oina samjinnagani. Penalty area animak asigi manungda penalty gi mark ama goalpost ki mayai chap chana louraga mapa adudagi 11 m (12 yds) ta yekkani amadi akonba lei-e ama 9.15 m (10 yds) ki radius ta penalty mark tagi louraga penalty area gina mapanda leigani. Flag posts- sanafam adugi akoiba kachin (corner) oiba khudingmakta 1.5 m (5 ft) tagi tadana wangba flag post amamam yunggan. Corner arc (akonba tha machet manba mawongda)- corner flag posts adudagi circle amagi saruk marigi ama oiba mawongda radius na 1 m (1yd) oiduna sanafam manunglomda yekkani.

15th February 2008, Friday

Science & Medicine

Hakchang ka-henna noiba (Obesity)

Hakchang ka henna noiba (obesity) asi houjikki chaokhatlakliiba leibaksingda hengatlapagum toure. Hannadi chaokhatlaba leibakta ngakta oina tourammi. Chahi yamkhatlakpaga matung-inna mahaogi sharuk (fat) asi hakchangda khara kharadi asum tungshillak-e (fat deposition). Meeoi ayambana kharadang noiba asi adum tou-e, aduga maram kharadana (anaba makhal kharada) noiba haibasi shoidana loinei. Makhoi adudi—

1. Meeoibagi mashagi gene da yaojarakpa.
2. Thyroid ki mathou hantharakpa (Hypothyroidism).
3. Cushing's syndrome.
4. State levels tan syndrome.
5. Hidak makhal khara shangna chabadagi thokpa (steroid).
6. Thopki manungda leiba sharuk hypothalamus asina shoktuna thoklakpa (khudam oina kokta shokpa).

1. Gene amasung akoibagi (environment) ani asi pullaga oibana achouba maram ama oi.

Gene da noinabagi machak yaojaduna leibadu meeoibana chabagi chang pudaduna ka henna chashillabadi henna noibagi machak oi. Asidadsu nattana mama mapa animak noirabadi machasing ayambana noiba thengnei. Masinasu Genetic ki oiba kharadi leitaba natte.

2. Chinjak: Athumba yamna chaba, snakes amasung mithai yamna chaba amadi ghi, shanggom mapal asinachingba yamna ka henna chabana noihaabada mateng yamna pang-e. Anoiba meena ka henna chaningba pokpa amasung ka henna adum chai.
3. Chaokhatlakpaga matung inna houjikki matamda office ta thabak touba mee mashing yamna leire. Khongna chatpaga thabak asi yamna chatlaktaba, choukri table da famduna henna thabak shuba asina henna noinabagi maram ama oi.

Karamna noibagi chang on-gani:

Noibagi chang asi BMI (Body Mass Index) haina formula ama lei. Masina onbana chang amada loubu ngammi. BMI asida—
a) Hakchanggi arumba (kg da); b) Hakchanggi wangba (meter da); c) Lumbagi chang—changdagi henna lumba—15-30 noiba asi 30 dagi henba oirabadi

- Grade 1—30-35
- Grade 2—35-40
- Grade 3—40 dagi henba.

Ka-henna lumbagi khudongthibasing—

1. Khwang ka-henna naba.
2. Eeshing pukchatki laina henna nahanba.
3. Blood Pressure wangba.
4. Thammoigi laina henna nahanba (Cad).
5. Stroke henna thok-hanba.
6. Tang tangda naba (Oustheo Arthritis) maruoina khu-uda.
7. Khonggi shingli mari mari yamna thokpa (Varicose Veins).
8. Mashingkha manungda nung leiba (Gall stone).
9. Operation touraba matungda fajinbada thinhaba amasung afotpa mapada amuk pokhairakpa.
10. Shor honba waba.
11. Nupigi thagi chang naidaba (Irregular menstrual cycle).
12. Tuganba amadi accident thokkanba.

HEPATITIS

Liver gi cell singbu pomhanba matungda cell sing asibu Lshihanba asibu Hepatitis kou-e.

Causes: Hepatitis thok-hanbagi maramsingdi—

- (1) Virus na khwaidagi maruoiba maramni.
- (2) Drugs: Khudam oina Paracetamol (kok chikpaga guli, Isoniazid (T.B gi guli), Nitrofurantoin (ishing marida mahik leibagi guli) asinachingba hidakna Hepatitis thok-hanba yai.
- (3) Hepatitis thok-hanba virus makhalsingdi—Hepatitis A,B,C,D amasung E ni. Hepatitis A amasung E di khong hambagi eeshingna thaknaba eeshingga shamnakhibadagi mathang mathang shandokkhibani. Makhoising asi chaokhatlakliiba leibaksingda maruoina fang-e. Hepatitis B amasung C virus di hak-tinnaba (sex) amasung ee mari (syringe) tinnabadagi shandok-e. Makhoi asi prithibeegi leibak ayambada fang-e. Tattoo na ming thaba amasung Acupuncture na Hepatitis B ga C ga shandokpa yai. Hepatitis B ga C gana Hepatitis A amasung E daga shathiba helli. Maramdi B amasung C di chronic oigalli; aduga phirak ki cirrhosis amasung cancer thok-hanba yai. Virus asigi laina laiwing uttana virus asi mashada yaoba aduga mee ateida shandokpa yaba adugumba mee adubu carrier haina kou-e. Asigumba meeoising asina ee peedringeida mahakki ee-da virus asi yaobra haiduna test touthokpa yai. Masibu Screening test for Hepatitis kou-e.

Hepatitis ki laina laiwing:

Chaning thakningba, oning-shaning touba, lok thungba, kok chikpa, pukki yet-thangba sharukta naba, tang tang chikpa, asumna nongma nini touramlaga mathanggi numitta meetta napu karakpa (jaundice) asinachingbani. Mee 100 gi manungda 10 di acute oiba laiwing asidagi chronic oirak-e. Masi Hepatitis B da thok-e, Hepatitis A dadi thokte. Ee (blood) da virus adugi Antibody fangbra yenglaga Hepatitis na nai haiba khangba ngamgani.

Hepatitis ki laiwing:

Acute oina touba Hepatitis ti Liver failure oiduna shiba yai. Adubu masidi tangna thok-e. Chronic oina touba Hepatitis ti virus na thok-hanba oirabadi Special oiba laiwing darker leite. Potthaba, afaba chinjak chaba, aduga yu thaktaba darker lei.

Hepatitis thingnaba pambei:

Hepatitis thingnaba vaccine leire. Masi matam chana kapthokpigadoubani. Mama carrier oiba nupeena pokpa macha, male homosexuals, drug addicts, health-care workers makhoising asi Hepatitis B gi vaccine kapthokkadabani. Addict singna Syringe amaga amaga wainaroidabani. Sexual partner singna condom shijinagadabani.

Hepatitis A gi vaccine su fang-e. Mafam amadagi mafam amada toina chatthok chatshin touba meeoina Hepatitis A gi vaccine kapthokpigadoubani.

National

ATENBA PAO...

15th February 2008, Friday

Lalhoulup amagi selgi demand da Manipur Public School numit 3 ni schuti thadokkhre.

February 1: Lamdam asida leiriba lahloulup amana Manipur Public School da achouba senfam ama demand tousillakpadagi ojasing tangdu leitana thabak touba ngamdre. Demand adu handokpinaba taksilladuna maheiroising amadi ojasingna school campus ta wakat meefam pangthokpaga loinana numit humnigi oina schuti thadokkhre. Wakat meefam adua maheiroisingna “Eikhoibu shanti oina lairik tamhallu”, “Education bu free zone oihanbiyu”, “Jati semgadouriba meeoisingbu shanti leina thabak touhallu”, “School singbu free zone oihanbiyu” haiba waheising thaba play cardsing paiduna maheiroising amasung ojasinggi apamba adu fongdokkhi.

Khongjang changsillubi nupi nipan fajillubasing thadorakle.

February 2: Lalhoulupsingna boycott touduna chathakhiba 59 suba republic day numitki general strike marakta state asigi tongan tonganba mafamsingda meeyam amana republic day gi thourambu yaningdaba phongdaktuna khongjang kaya chathakhiba adua yaorubani haiba nupi nipan Manipur police na fajinkhi. Manipur police na phajinkhibi nupi nipan asibu February 1 faobagi manungda condition amatta yaodana thadoraktrabadi mathang numit February 2 gi ayuk pung 5 dagi houraga numidangwairam pung 5, pung 12 gi Imphal Kangchup lambi bandh touba yaona tongan tanganba khongjang kaya changsillagani haina tourambani. Police na makhoibu fariba gi maramdi republic day numitta India gi flag mei thabagi maral siraduna makhoibu fabani haina fongdokli. Adubu hiram asigi matangda Mayanglangjing Community hall da meeyamgi oiba meefam ama pangthokkhibaga loinana meefam aduda Mayanglangjinggi nupi meeyamna haikhibadi, houkhiba republic day numitta masak khangdaba meei kharana makhoiba puduna lakpa festoon sing mei thanaba haibadagi tharubani. Mei thaba aduda India gi flag yaokhibasu leite amadi mei thaba adu makhoi nipankhaktana thabasu natte, leikaigi nupi mayam amana thabani

haina fongdokladuna police na makhoibu India gi flag amasung constitution nachingba mei thabagi fabani haina lanna sandokliba asimak yamna laibak thibani haina haikhi. Irang kaya hourakpa yabagi fivam leibadagi fajilluraba nupising adu condition amatta yaodana ngasi thadorakkhibaga loinana meeyamna makhoibu taramna okkhre.

Yumthangnaba state ki VIP gi movement toina hanglubagi meei khara fakhre.

February 2: Manipurga yumlonnaba state amagi VVIP amagi khongchatka mari leinana Manipurdagi Aircell gi sim card sijinnaduna panghangda hanggatlubada sim card lanna sijinnabada chennaba kangbu ama police na fagatkhi. CID (Special branch) ki SP P. Dhanakumar na thadorakpa cherol amagi matung inna chingnainingai oina VVIP gi khongchatki matangda hanglakpa aduda Thinunggei makha leikaida leiba Aircell sim card adugi subscriber Laishram Premjit kouba ama fakhi. Adubu mahakki sim card adu yonthokkhre amadi kanana sijinnabano khangde haiba wafam fongdorakkhi haina palli. Makha tana wahang paohang toubada Aircell gi sim card ki retailer oiba Ningthoukhong awang leikaidagi Laishram Kisan @ Ngouba kouba amadagi mahakna yonthokkhiba sim card adu yaona sim card 13 louraga yonkhi haiba khangba ngamkhi. Yumlonnaba state ki Intelligence wing na chingnariba sim card aduna KYKL ga mari leinei haiduna police na hanna faruraba keibul lamjao chingya leikaidagi Haobijam Prem @ Korounganba @ Aircell kouba amada yonkhibani haibas police na khangba ngamkhi. Anouba technology sijinnaduna kanana kadaida sijinnei haiba irai laina thiba ngamle, maram aduna sim card lanna sijinnaramba meeoising adu lina fagatpa ngamkhi. Masagi nattaba sim card sijinnadanabasu police ki cherol aduna palli.

January thada nongmeina panduna meecham 14, UG 11, security force ama shikhi.

Police amadi security force na lalhoubu 47, pistol 8, maru 28, grenade 8 fagatkhi.

February 4: Chatliba chahi asigi houkhiba January tha manungda tongan tonganba thoudokta nongmei kapnabada amadi faraba matungda kaptuna hatpa yaona punna meei 26 sikhi. Police amadi security force na tongan tonganba lahloulupsinggi meei punna 47, pistol 8, maru 28, hand grenade 8 fagatpa ngamkhi. Houkhiba January tha manungda tongan tonganba thoudokta nongmei kapnabada amadi faraba matungda nongmeina kaptuna hatkhiba meecham 14, KCP 7, PREPAK, KNF, KYKL, UG amadi security force ama yaona amamam sikhi. Makhoidagi police amadi security force na fangkhiba nongmei amadi atei potcheidi 9mm gi pistol 5, hand grenade 6, mobile hand set 5, kappa yariba nongmei maru 10, Honda activa ama loinana demand letter fagatkhi. Nongmeina panduna sokpa meecham 7, police amadi security force 3 ni. Police na fagatkhiba lalhoubu sing adudi PREPAK 12, UNLF 11, PULF 6, KYKL 5, KCP 5, KCP (MC) 4, PLA amadi NSCN (K) ani/ani yaona punna lalhoubu 27 fagatkhi. Makhoidagi police amadi security force na fangkhiba nongmei amadi atei potcheising aduna 9mm gi pistol 3, hand grenade 2, honda activa ama, bajaj pulsar 2, bajaj scooter 1, kappa yariba nongmei maru 28, mobile handset 4, lupa 44,000 gi bank draft ama dairy amadi ATM gi card amamam demand letter 10 loinana seal nachingba fangatkhi.

Fajilluraba AE Keshwor thadorakle.

February 6: Wakat meefam kaya famduna wathok oiraba matung thadokpiraknaba haijaraba matungda AE Keshwor thadorakle. PULF na mamang January 31 da masagi office tagi faduna pukhiba Rural Electrification Div. no. 1 gi Kakchingda Associate Engineer oina thou puba Kakching Wairi Senapati leikaidagi Naorem Keshwor ngasi numidang pung 7.50 rom tabada Thoubal Dist. ki mafam amada PULF ki kangbuna thadorakpadagi tekta kaidana mayumda yourakkhre.

(Makha Page 6 ta)

15th February 2008, Friday

NATIONAL ATENBA PAO

Army da supply tounaba purakpa yen faraga phumjinkhre.

February 6: West Bengal da bird flu gi laichat sandorakpadagi Manipur Govt. na state asigi wangmadagi yen, nganunachingba pusillakpada athingba thamkhraba matungda Assam amasung Nagaland khaktada leiba Armyda supply touba certificate sijinnaraga Leimakhongda leiba Armygi supply tounabani haiduna purakpa yen police na faraga veterinary department ta sinnaduna department asina phumjinduna manghankhre. Lamdam asida leiriba meeyam na henna wakhal taduna thabaksing asi toknaba meeyam da giyan tanaba awareness faoba piduna leiringei cheiraksida meeo kharagi sendan lambi yengduna khudongthibada amuk tanaba hotnaba haibasi afaba natte. Masida certificate piduna puraknaba hotnarmliba asi Manipur da leiriba mayang siphaising asi lamdam asigi khandaba masagita khanba kangbuni haibasi mayek sengna thakthokchare.

Lalhoulupsinggi sel gi demand gi mayokta wakat meefam famkhre.

February 6: Samurou da leiba Little Master English Higher Secondary School da tha ama anigi mamangdagi tongan tonganba lalhoulupsingna selgi demand kaya tourakpabu yaningdaba fongdoktuna ngasi school asigi gate mamangda school asigi maheiroi amadi ojassinga loinana wakat meefam famkhre. School asigi founder secretary, Moirangmayum Thoibana fongdokkhiba matung inna, tongan tonganba lalhoulup kayagi pressure singna khangba ngamlaktabadagi ngasigi khongjiang asi changsillakhibani. Tha ani ahumgi mamangdasu lalhoulup kayana yumda nongmei kapsinba, nongmei maru pisillamba, nongmei achouba paiduna laklaga kihanba kaya leptana ngasi faoba chathei haina fongdokkhi. School asida selgi demand da chennariba lalhoulupsingdi KCP (nongthang) na lupa lakh 10, PREPAK (VC) gi kangbuna mobile nokia -95 model 5 pinaba hairakkhi, KCP (MTF) na lupa lakh 5, PREPAK ki atoppa kanglup amanasu lupa lakh 10 pinaba haibanachingba asini. Puba thangba ngamlodaba lalhoubagi selgi demand asida lamdam asigi meeyamna kayam kuina khangba ngamkhigadage haiba wahang ama oiri.

Churachandpur gi mafam kayada yamna wanare.

February 7: Mamang chahida Churachandpur dist. ki Tipaimuk, Parbung, Thanlon, Singat amadi Henglep sub-division singda Wa mapal sakhibadagi uchi masing haingamdana hengatlaktuna mahei marongsing paktaknana mang tak-hankhibadagi pothok amatta puthoktabana lamdam asomda leiriba meeyamsing haingingai leitana wanare hairi. Fivam asida Manipur govt. nasu yengsindabadagi pan, ha-nachingba chaduna khangle hairi.

Leibak wathok oigadaba wa amuk puthoktuna vote campaign toudouri.

February 10: Nagaland da ikui kuidana pangthokkadouriba meekhalga mari leinana Nagaland congress ki manifesto da Naga taba lamsing administration amagi makhada puraknaba AICC na yaningba fongdorakle haibagi wafam yaokhiba adu Manipur meeyamna yaba ngamloi karigumba ngamkhei matangda thokhanningdaba

thoudok thoklaklabadi congress ki daitani haina maikayadagi fongdokli. Election ga mari leinana congress ki thabaksing yengsinba lakkhiba AICC gi secretary shidhard Patil na Naga taba lamsing punshinba yaona wathok oinariba point 16 ki agreement ngakna congress na thabak tougani haina fongdokkhibani.

Lamdam asida yumlon keironnabada leiriba lam khudingmak asi khaidok khaijin touduna yamna pikpa politics touduna Indiagi political party khudingmakki apamba aronba agenda adum leije haibasi masina asengba oirabani. Masigumba apikpa politics asida meeyamna fongna singnagadabani. Iramdam asina ningkha tamba leibak ama hek oidrifabaodi eikhoi India gi asigumba khudongthiningai oiraba thoudousing asida adumak leikhigani maram aduna eikhotagi oiba ningtamba leibak ama semnaba lambida changsinbana afaba khongthangni.

Bhutan gi prajasing masagi nat-chatnabi ngaktuna nungaina hingli.

February 12: India amadi China anigi marakta ningthou panba leibak ama oina ingna chikna leiriba, land of the under dragon hainasu khangnariba Bhutan gi prajasing masagi nat-chatnabi ngaknaba amadi yokkhatnaba kanna hotnahou-e. Office yaona meeyam tinba mafamda makhoigi natki chatnabi oina leijaraklaba phijet chakchetsing nupana Go haina khangnaba asi setli, nupina kira haiba asi set chai. All Manipur Working Journalist Union (AMJU) na sinduna chahi khudinggi press conduct tour chatpagumna handak Bhutanda chatluraba matungda Imphal da amuk thunglaraba matungda paodam asi phongdorakpani. Press team asida yaoba amana paodambada Bhutan gi prajasing masagi culture tradition bu ningthina ngaknaba hotnahou-e. Bhutan asi sq. km. 38,394 rom pak chaoba population na 6,72,425 rom leiba mafam amani. Leibak asigi shel na ngultumni kou-e, lolna jongkha kou-e, Bhutan gi national animal na takin, national sports na archery, national bird na raven, national flower na blue poppy amadi religion na Buddhism ni. Bhutanese sing asi Manipur singga shak chu yamna mannaba kanglup oi. Chinjaktasu Manipurisingga mannaba kaya yao-e. Bhutan gi ningthiraba chingsang parengna tourist singgi punking chingsilli. Un taba chinggi saruksu yao-e. Bhutan gi capital oiriba Thimphu gi lambi thong nalli, Thimphu gi akoibada sariba buildingsingda natki oiba pantingsing tou-e. Building gi maongsu ayambana mannei. Thimfugi akoibada nongmeinachingba paiba security personnel sing chathok-chasin touba thengnarakte. Yamna ingna chikna leihou-e haina tammi. Amaromda, Royal Kingdom of Bhutan asi houjik Parliamentary democracy laknaba meekhalnachingba touduna ningthou panbagi maong loisinnaba thourang loikhre.

“THE LIBERATION TIMES” asida chephong khudinggi wahang ama Page 16 gi bottom bar da hapchagani, masigi paokhum chumna pibirakpa (HE/SHE) aduda AED gi maikaidagi akhannaba prize ama pijagani, loinana Roll Call dasu laothokpinaba khanghanjari.

WARENG

Matam kuiraba thainagi wani—Maring tribe kangbu ama surung amada leirammi. Makhoigi meeshing asum asum hen-gatlakpaga loinana makhoi leiriba surung aduda makhoi leiba challaktre; loinana surung adugi mamai adu matik chana pakpa wangba watpa maramna changthok changsindasu apanba ama oirammi. Aduna angang machasing nattana ateidi changthok changsinda nonthadrabadi yaramde. Makhoigi chinjakti makhoi surung adugi mapanda thaba mahei marong amadi sha tanbadagi fanglakpa sha na oirammi. Surungduda leiriba meeoising adu imung manung amagumna matik mathouna leiraba Rangmutil kouba lushingba amagi makhada leirammi.

Surung adugi mamai aduda achouba ayungba nungpak ama yanthaduna leiba maramna changthok changsin toubada tasengnamak apanba oirammi. Aduna makhoi chana-thaknaba mayam nattaga achouba sha manungda pushinba matamda yamna warammi. Makhoi achouba ayungba nungpak adu louthoknaba makhogi ayoubi thaduna hotnarammi; adubu kanamattana maduda lepkhattuna khongfam faoba thaba ngamlamde.

Rangmutil na nungpak adu louthoknaba mapanggal kallaba sha pumnamak makhoida khudongchaba kaya laothoktuna borton tourammi. Chang adu yaonanaba—kei, nongsha, shan laba, iroi amadi shamunachingba kaya laklammi. Ahanbada shamu na hotnaduna yengbada louthokpa ngamdre. Shamu adu mapanggal yamna farammi; adubu nungpak aduna nanmankhibana paiduna chingthokpa ngamlamde. Mathangda iroi aduna amuk hotnarammi; adubu mahaksu shathiba mawongda maithirammi. Shamu amadi iroina maitheeraba matung adudagidi atoppa sha amattana changyeng touningbagi thouna leikhidre. Mameithangda yengbada nung-ngairaba, masha mawoo faraba Sendrang ama maraibak yengnaba laklammi. Adum oinamak karigumba mahakna nungpak adu louthokpada mai pakpa tarabadi mapu oina leiriba meeoibana shakliba washak adu shoidana ngakna chatpa pamjarammi. “Karigumba eina thawai khubakta haptuna hotnaduna nungpak asi louthokpa ngamba thoklabadi

SENDERANGGI WARI

nakhoina eibu lou khoiba, pot-chei chingba-nachingba thabak amattada sijinnaroidabani; kana amattana apanba peedana eibu ining tamna thadokpigadabani; karigumba eina haijariba asi yabirabadi eina nungpak asi numit taruknigi manungda louthokchagani” haina mahakna haikhi. Sendrang aduna nung adu louthokpa ngamgani haiba thajadaba mafam aduda tilliba mee singna wa wa noknarammi.

Nungpak asitabu loubu louthokkhrabadi haiduna—Sendrang aduna ngamgani haina thajadrafaoabada mahakna hairiba adu yarammi. Asumna meeyam pumnamak huptuna amukta oina “*aduni Sendrang, thabak houro*” haina hairammi. Amuk makha tana matam manghanba toudana Sendrang aduna nungpak adu louthoknaba shem-sarammi. Ahanba maktada, mahakki achouba machin ani adu sijinnaduna mahakki khumang ani adu thaba yaba khongfam ama hottoklammi. Nung adu asukki matik kankhre, madudi—madu shemnaba hotnabada numit humni nong nganbadagi numit taba faobagi matam changlammi. Madugi matungda nungpak adugi makha thangka machida marol marol leiriba nung-sing adu handoklammi. Madu toubada atoppa ahing ani nungthil ani changlammi. Hainakhiba matam adu loigadaba nongmagi matamda ngairaba asida thabakti khumang ichao-chaosindri. Tarukni suba numittadi mahak asukki matik chokthaduna mapanggal machet amatta yaodabagum ningkhre. Madu faobada ningkhiba hongdaba Sendrang aduna hotnabadi khak leppa touramde.

Mabuk thanna chashillaba matungda ayukta mahakna ningthina tumduna potharammi. Ningtheena potharuraba matung adudagidi Sendrang adugi mapanggal adu chap chana hanjillaklammi amadi thabak makha chatthaba hourammi. Matam asida mayamna magi thabak adu oiraroidaba thabakni haina khanduna noklammi; makhoigi mamitta mabu apangbani haina khankhi. Adubu maduda Sendrang aduna khajiktang faoba wakhal hallamde—wakhal choithoklamde. Mahakna yamna cheksinna mahakki khongfam amadi makha tana inthokpa pamliba mafam adubu yenglammi. Numitsu tashillakkadaba kuiraktre; aduna lemhouriba thabaksing adu thuna

yangna touba tarammi. Asigumba khudongchadaba kaya asi thengnaraba faobada mahak yamna ingthana leiduna mahakna shoidana mai pakkani haina khallammi. Sendrang aduna achouba nungpak adu inthagadaba matam adu nakshillaklaba matam yousillaklaba asidadi mee pumnamak khourangna yengnarammi. Sendrang aduna magi areiba mapanggal pumnamak tashinduna hek ngambamakhei induna hotnarammi; adubu ngamdabadagi yengliba meeyam adu wa laona noklammi. Masha adu humangna pumlup luplaba faoba mahakti hanba leikhide. Ngaihaktang potharaba matungda mahakki panggal adu amuk hanna laktuna amuksu mashagi areiba mapanggal puthoktuna nung adu illammi—handakti nungpak adu oithangbaromda tapna khajiktang chatlammi. Meeyam adu pung-ngak ngaknabaga loinana nungpak adu kintharaklammi. Tashengna Sendrang adu mai pakle. Atoppasingna oithoklaroidabagum uriba thabak adu Sendrang aduna oithok-halle. Kayarak hanna awaba chokthaba nanglurabasu magi touge khanna toukhiba, thabakta pukning luppa aduna mameida mai pakkhi. Mahak haraojakhi.

Meeyam amadi tilliba sha pumnamakna magi matik-mathouna, hotnaba kanba adugidamak pelladuna thagat waheiga loinana houna laoraklammi. Shamu, Kei, Nongsha nachingba ate sha singdi mayamna leppa leitana Sendrang adubu thagatnarakpa aduda ikaibana taba ngamdraduna manak nakpa umangsingda changsinduna lotnakhirammi.

Asumna—“*Sendrang aduna sha pumnamaktagi khwaidagi mapanggal kanba amadi matik magun leiba ama oire!*” haina laothokkhre. Mahakna mai pakpangi mafam adu fangbaga loinana mahakpu mahakna leiningba mafamda leinabagi maningtamba adu peerammi. Adum oinamak—meeyamgi lushingba Rangmutil na mahakki mee sing adu surung adugi mapanda puthoraktuna ikoi-koina khajinduna khun naiduna leiba houkhi. Sendrang adu magi kanglupsingga loinana surung adugi akoibada maning makha tamna leirammi; aduga mahakki mapu aduna lamlakki sha-shansing kidadagi changjafam louduna leirammi. □

15th February 2008, Friday

KANGLEIPAK

(L/Cpl. Engtham)

Ngangrannaba korougi mashekkum
Malemda langna ngalli ngasi faoba
Lepli khongfam chetna ngasisu
Yeknaba India bu maithiba pinaba
Tamli lalgi lallong
Nongju nungsa thidana.

Loukhibani namduna nongmei chingdolda
Ningtamna leijaramba kangleipak
Anisuba lanjao loikhrabada
Chahi yangkhei taruk mamluraba matung
Ningtambagi mahao khangdringei
Ningtambagi meiribu muthatpikhi.

India na lousinkhiba numittudagi
Kangleipak meekap meeraokholtana ninkhre
Hatli maral leijadraba prajasingbu
Touningbata touri kangleipaksida.

Mayang lanmeetana thankhre iramdamsu
Oikhre mayang lanmeena ingkhol shangba lin
Lan-ngamdre konthong faoba ngasidi
Mahu kanba lin sing thengnagadra kibana
Lin-gi mangda hangngoi oire kangleichasing
Karimatta haingam toungamdre Kangleipak.

Laori ngasigi khunnaina
Pamde nakhoigi leingaklon
Tabide laoriba loilam mapu hanglai sarkarna
Khangli ngasidi mitki pee kangdana.

YENGNGUNE

(Sgt. Maj. Rambo Mangang)

Yengngune ! Yengngune !

Kanna chellu inbiri neengshida
Amamba marak, ananba lambisida
Meirasu yaode, chei-su yaode
Tamgani panthung, manggani maikei
Pibiyu meira, cheishura amatta.

Yengngune ! Yengngune !
Makhongsu sombiri
Maradu kaklabadi
Yenning panthasu oisanu
Khiksanu sidayai khujok khujoksu
Lepna kanglani upaldo.....

Yengngune ! Yengngune !
Khunthok phambalsu langning
Hourakpham shatfamsu khangjada
Taibang suktongpu sida
Meening illingei meetung thang
Shoiroi nongmadi shoiroi.....

Yengngune ! Yengngune !
Khadang khuningmuk shangdok
Maya meeya kaduna
Prithibi puya tahallingei
Ishumangsu shit-houda
Shumang shengbrang kaktum
Ngai shangga oiba shoiroise.....

Published by Army Education Department, PLA

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Seireng

IMAGIDAMAK

(L/Cpl. Lemba)

Ngasisu ningsingli 1981
Tekchamgi akanba lanfamd
Luchingba oja tarukki maraibak
Yeknabada surrender toubagi mahutta
Shikhrabasu thouna fana maiyong yaramba
Pumnamaksi meekha pollabi Ima
nanggidamakni.

Ngasisu ningsingli 1982 April 13
Kadompokpigi akanba lanfamd
Luchingba oja Kunjabihari yaona oja 8 gi
maraibak
Yeknabada surrender touramdana
Thawaina pontha pikhiba
Pumnamaksi meekha pollabi Ima
nanggidamakni.

Ngasisu ningsingli 2001 June 18
National Integrity gi akanba lanfamd
Thouna faraba athouba athoubi18 gi maraibak
Ima nanggi ngamkheidamak
Thawaina pontha pikhiba
Pumnamaksi meekha pollabi Ima
nanggidamakni.

Ngasisu ningsingli 2004 July 12
Ningtam lalhouda achouba thoudang yarambi
Meitei chanu Manoramagi maraibak
17 suba Assam rifle gi makhutta
Nouna punsi lomkhi
Pumnamaksi meekha pollabi Ima
nanggidamakni.

Ngasisu ningsingli 2004 August 16
Arm Forces Special Power Act 1958 gi lanfamd
Ireichasinggi khanduna masha matomta
Mei thaduna sijakhiba

Series Story

(Ahumsuba chephonggi makha)

“Column asi ning-tambagi lanjanga ning-kha tamba pikhraba
leibaksinggi nattraga Great People singgi damak thamlabani.”

**“Communist ki ngaklou oiduna
China gi yamlaba meeyambu ning
tamhankhiba series naina
haplakkadaba Long march ki
warol”**

Chap mannana—un-na kuppa
chingjaosing kakhi, u-roo waroo
chakhi, un marakta tumkhi, lal
thengnakhi amadi amuksu makha tana
hanba leitana chatkhi. Makhoina chap
mannana makhoibu khaibok tahanba
ngamba manunggi oiba yanadabasing
taishinnakhi. Animakna wana
hinglakkhi. Adubu, Xenophon gi tung-
inba Greek singna mile 2000 chatpa
matamda Mao gi Chinese singna 6000
mile chatkhi; makhoidi supnatagi tha
mari khaktang chatkhiba natte, chahi
ama chupna chatkhibani; makhoigi
meesingna Greek ki meesingdagi
sharuk tara henna yamba helli; amadi
makhoina hingduna lakpa asina
Xenophon gi loinabasingna hingduna
lakpadagi puwarida hainingai leitana
maruoiba helli.

China masha-maktadasu
Chang Cheng nattraga 25000-li chatpa
haiba asi anouba matamgi China gi
nationalism amadi communism gi
mythology gi sharuk ama oina oirakkhi.
Official oiba record na utlibadi—First
Front Army gi vanguard oiriba 1st Army
Corps na 18000-li chatkhibani, 25,000-
li asidi myth oina leikhre. Adu
faobadasu 18,000-li haibasi New York
tagi San Francisco faoba chatlaga
amuk hallakpadagi henna laplibani.
“Red Army na Long March na tourkliba
changyeng adubu kide amadi chingjao
amadi turel lishing kaya thengnabadu
karisu khalluba toude” haina Mao-Tse-
Tung na Long March ki matamda mana
lengkhiba sheirengsinggi amada iri.
Peking da leiriba houjik matamgi
political leadership singna pukning
chingshilliba maruoiba thabak amadi
Chinese Communist ki khwaidagi
langlaba pungfam oiriba matam adugi
thouna amadi pukchel sengba adugi
sharuk machet kharadanga oirabasu
amuk hanna sagatnaba hotnaba asini.
Long March na Chinese Communist
party bu hinghallakkhibani amadi chahi
kunthra chupna Left amadi Right anina
Peking da leiba Chinglai gi fambal asi
kanshinduna thambagi khudongchaba
adu fangnaba thengnarakpa lal adu

mameithangda mai pak-handuna
leeraba leibak asibu modernize toubagi
laibak faraba thoushil adu lamjingba
ngamkhibani. Amuksu masina 1950s,
1960s amadi 1970s da Communist
China gi leingakpasingda shuksoi
shoidana masidagi fanglakpa
experience na yamna mai pakna eethil
shoidna peeramgani.

Soviet Union da makhoina
thamliba chingnabagi matou amadi
Moscow gi paotak thadoktuna maning
tamlakpa; City bu modern institution
ama oina thambada makhoina
thajadaba nattraga yaningdaba amadi
shahar gi punsi mahingbu corrupt oiraba
demoralizing force oina loubu, lingjel
manaba, discipline leiba amadi aron-
athup kaihandaba asigumba magun
pumnamak asi chenba asina makhoigi
party gi oiba wafamsing amadi makhoigi
government na matam shangna thabak
toubu ngamhallakkhibani. Makhoigi
phidamnafam oiraba thabak amadi
achamba mawong matou amasung
science and engineering gi expert ki
value dagi guerrilla gi ethic na henna
lumna loubu matouna; Chinese
Communist Party da amadi malemgi
machi machida leiriba communist ki
eehou apunba asida Mao-Tse-Tung na
matam shangna haigatlakpa—
pumnamak asigi marudi Long March ni.
Hairiba tha taranithoi asida pumnamak
asi ashukki matik sengna takthokkhre,
madudi—makhoi mathakta phuriba
Long march ki stamp asi kokpa
ngamdana phukhre.

General Griffith na magi
Chinese People's Liberation Army
haiba lairik aduda asumna hairammi—
“Long March na magi hongba
yararoidaba top-toppa mami adu Party
amadi Red Army da haktuna
thamlamlabani. Thajabada waraba
changyeng kaya mai pakna
ngamlakkhiba amadi khudong thiba
kaya lakshinduna lakkhiba—masigi
experience asibu sharuk
yaminarakkhiba luchingbasinggi
mafam adu taseng tasengna khangba
ngamkhi. Hairiba numitsing adudagi
houraduna meepum khudingmakna
makhal ama nattraga amagi ayoubi
changyeng kaya hanjin hanjinna
mayoknaba matamda houjik faobada
“Long Marchers” singna party amadi

magi lanmee makok mathangda
mashana makok thongduna leirakpa
masana tabani. Changyeng asidagi
makhoigi party amadi mareibak asigi
laibak leppada mashada leiriba toubu
ngambagi shakti aduda youna thajajaba
luchingba kangbu amasu masidagi
hourakkhi.

Amuksu masidagi wakhal
loushing chusinnakhraba experience
mapung fana leiraba, makhoina touriba
thabak adu karigidamak
tougadouribano haibagi maram munna
khangba amadi guerrilla gi sithaba
naidraba paotak amadi koichat chattuna
thengnaba lalgi lousing matik chana
leiraba lanmeesu poklakkhi. Wakhal
amaromda amuk Peking da 1966-69
faobada toukhiba achouba proletarian
cultural revolution gi matamda thokkiba
shakti munnabagi lantheng adusu
1960s amadi 1970s da China leibak
administration toubada madugi mahei
adu Long March ki experience adu
makha tana sijinnarakpaga mari
leinaribani. Thouna fabatagi thowongna
pik thallaba amadi malemgi puwarida
asuk yamna maru oikhraba thoudok
amabu ayibasing amadi lairik laisu
heirabasingna thoudok ateiga
yengnarubada thawoidana thamba
haibasi pukning yamna langtakningai
oiba wafam amani. Edgar Snow gi Red
Star Over China haiba lairik asi houjik
faobada chahi yangkhei henna liraba
amadi magi sharuk 12 leibagi
manungda sharuk amakhaktana Long
March ki matangda e-ba oirabasu houjik
faobada meei kayamarumna Long
March ki matangda authoritative oiba
lairik amani haina lounari. Wafam ama
nattraga amabu oirabasu mahakna
iramliba asi khongchat aduda sharuk
yaruba meei kanglup amana matam
aduda mangonda likhiba warisingda
yumfam oibani. mapung oina Long
March ta sharuk yaramlaga tungda
communist movement asi thadokkhiba
meeoisindagi touhouba record
amasung leiriba fongdorakkhi. Asumna
atoppa akuppa machaksingsu fangba
ngamlakkhi amadi mayam asi
punsillaga henna mapung faba wari ama
shagatpa ngamgani.

(Makha mathanggi chephongda)

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LONG MARCH

“INDO-US NUCLEAR DEAL”

Houjik palliba India gi Congress sarkar U.P.A. Govt. asigi thourangda loukhatlakliba “Indo-US nuclear deal asi India gi anouba Foreign policy gi sharuk ama oina changsillakpa khongthangni. Cold war gi matungda Soviet Union na kaikhhabada India na makhhoigi Foreign policy gi khongthang asi USA romda onshillakli. Hannadi Soviet Union kaidringeida Soviet ka India ga afaba mari leinarambani aduna China na India da lal tarakpada veto oiriba Soviet na China bu themjinduna India gi mathakta landaba lephankhibani. Adubu Soviet kaikhbadagi India na USA romda Foreign policy gi maiwon meetyeng thamlaktuna USA ga allies party semba pamlakli amadi USA su Asia gi manungda India ga afaba mari thamba pamlakli. Aduna eikhoina Indo-US Nuclear deal asi karigi makhoi anina Nuclear gi chukti ama tounaba pamlibano masigi nunggi oiba wahanthok ama leiri masi eikhoina khangba yai.

Madu asumna neinaba yai:

1. Ahanbada India na China bu kibagi US ki allies shemba pamlakpa – masigi maramdi 1962 Indo-China war da India na China gi lam sokchinna India gi lamni claim touruba amadi Nepal, Bhutan Tibet amadi Arunachal gi N.E.F.A. gi sharuk lanna India na lam demarcation touruba amadi Nepal, Bhutan, Tibet asi Saichen glacier amadi Akisai Chin, MacMahon line gi paring lanna India na lam olluba amadi lousinnaba thourang tourubadagi China na India gi Imperialist ki matou aduda saoraduna China na India gi mathakta 1962 da lal tarakpa asida India asi chaona maithikhi. Amadi China na takkhaikapada Arunachal faoba lansinlakpaga pao tabada Nehru na India gi army pumba Eastern Frontier oiriba Cooch Bihar da lanmee mayam youhallaktuna Bengal Frontier da Army post shemduna mainland India shoktanaba thingkhiba aduga awang nongpok lam shak-chu mannadaba asina thaoidana India na Bye-Bye hairaga hundoklamba asini. Hairiba talak asida UN gi veto oiriba Soviet Union da chatlaga Nehru na wachat

wanom touraga communist mashel oiriba China bu themjinduna lal adu lephankhi. Maram adugi Chinese premeer Chou-In Lai na India gi Nehru ga Mutual Treaty ama tounaduna China na takkhaairamba lam pumba handoktuna China na Soviet ki mai yengduna India bu thadokpirammi. Matang asidagi China gi magun asi India na fajana khangkhre. Amadi India na matang asidagi China bu yengthiba houduna yekkhre amadi China gi Tibet tagi chellakpa dharmagi lushingba Dalai Lama bu India na changjafam peeri. Amadi Tibet pu China dagi tongan tanaba hotnabada India na manungda chaona mateng pangli, kak kak touduna inshilli. Aduga handak China na makhhoigi lalgi khutlaigi lamjelda mashagi ngamba shakti utthoktuna ashanba continental ballistic missile amana chap chaba target ta spy satellite ama leikhadagi nongthakta kapthakhiba asina surface to air space ki kangfal nongthak atiyada China gi lalgi khutlai asi khumang chaosille khangbana yumthangnariba India asi mipaire amadi langtaknare. Aduna India na USA houraga China gi nuclear program sing namthanaba policy ama India na thourang asi paikhatalakpani. Aduna USA su China gi shakti asida yamna langtaknari. Aduna cold war loikhrabada anouba cold war oiriba China, North Korea, Cuba asi USA na mamu thudekpa pambana India ga USA ga marup oirakpani, loinana masidagi USA ga India ga Nuclear gi chukti asi lakpani.

2. India asi Nuclear state amani haina BJP Government ki matamda Pokhran da 1993 da Nuclear pokkhaihanduna India su Nuclear khutlai leire haiba changyeng khudam ama utkhre. Masi gi matungda China, Pakistan su mathang mathang utlaktuna Asia da khutlai lamjel tannabagi mawong ama lakli.

Aduna India asi malemgi yannaraba Nuclear gi chukti oiriba Nuclear khutlai sadabagi oiba Non-Proliferation Treaty da India asi Nuclear khutlai saba leplagani haina houjik faoba sign toudari. Sign toudriba India na matou karamna USA ga Nuclear gi deal oiba

chukti tounagadouribano haibasida charak chahing naiba Issue ama oire. Aduna India gi Left party singna UPA Govt. gi policy deal asi criticize touduna masina India gi Internal Security da chaona soklakkani amadi eikhoigi sovereignty da USA na khut thingjillakkani haina yadari. Hairiba talak asida congress govt. ti Nuclear deal asi soifadabani toudaba yadre haina chap yungkhre. Maram aduna USA gi Bush Administration na loukhatlakpa thourang asida US Congress na ayaba pikhre. Aduna India gida mangaire. Amaromda India na China bu kiba amadi Pakistan gi aronba Nuclear gi thorangbu India na langtaknaba amadi USA su North Korea gi Nuclear warhead amadi Biological warfare gi khutlai mayam peiduna thambagi maram ubada langtaknabadagi punna India-US pullaga handakta Bay of Bengal da India, USA, Japan, South Korea, Singapore yaona leibak mangana China gi maiyoktada Burma China gi Border dagi mile 50 romtamak lapna bomb top kaptuna ishinggi lal oiraiminnakhi. Somdana China na makhhoigi war fled jahajdagi missile mayam Taiwan da oinsinduna masagi samudra khongbanda ishing lanmee lising 50 rom war gi flag march chattuna lalgi shajel toukhi. Asumna India US anina kangfalgi, ishinggi, nongthakki lal kaya ouraiminnakhre. Houjiku Mizoram, Teipur da Jungle warfare gi maramda Training touminnari, mamangda Kashmir China border gi un-tabla Saichen Glacier manakta India-US anina lal tamgadouri, masigi program yatkhre.

3. India na USA tinaduna kannaba lougadouribasi USA gi support makhada UNO gi permanent member oihounabani masigi khudam oina India na security council gi makhada UN peace keeping force mission kaya thari. Mamangda Africa gi irang leiba mafam- Congo, Somalia, Shri Lanka da peace keeping thakhre. Handaktasu CRPF nupi company khara Africa gi Congo gi irang leiba mafam Africa gi Dafur da thakhre. Aduna India na USA ga naksinnaraga

(Makha page 9 da)

Atenba pao

East Timor gi President nongmeina panbadagi shoktuna aruba fivam da laikannakhre.

February 11: East Timor gi President oriba Jose Ramos Horta lalhoubanlanmisingna nongmeina kappadagi yamna aruba fivamda soktuna hospitalda laikainnakhre.

East Timor gi President Jose Ramos Horta ngasi nongandringei mamangda mahakki Dili da leiba mayumda lalhoubanlanmisingna nongmeina kappadagi yamna aruba fivamda shoktuna Australia da layengnaba aeroplane da puduna chatkhre. Chatharakhiba attack aduda lalhouriba lanmising gi lushingba Alfredo Renado shikhre amadi Prime Minister Janana Gushamao dasu attack chathakhi adubu thoidokpa asok apan nangbadi yaohoudre. Chathakhiba thouong asi coop tounaba hotnarakpa thouong amani. Maram aduna prajasingna pukning fathaduna leinaba Gushamao na khanghankhi.

USA-SOUTH KOREA gi maiyokta North Korea na lanmee gi shem-shaba leptana chatthari”

Shok 1950 da Korean Revolution loiduna Korea asi South-North haina khaidokkhre. South Korea-USA ga allies oiba Democratic Political System chatkhre; aduga North Korea na Communism oiba China, Soviet, Cuba, N-Vietnam gi allies oiba mawongda shemkhre. Aduna political madi Ethnic structure da akaiba laknarakpana amadi tongan tongan chatnarakpana leibak ani asi ungkhatnabagi chang nongma nongmagi wangkhatlak-e.

Amaromda USA ga yannadaba, political ideology khennaba leibak asi North Korea oiri. Aduna USA ga North Korea ga cold-war tension asi wangkhatnari; amasing North Korea su USA amadi South Korea thengnanaba lal-gi khutshu khutlai shaba leptri. S-Korea da N-Korea na lal tarakpadagi ngaknaba USA gi Naval base, Submarine base, Military base hangdoktuna deploy touduna ngaktuna thamli. Aduna North Korea na South Korea amasing USA ga meechang oiriba leibak aniga lamba tounari.

(Page 8 gi makha)

UN gi permanent member oinaba kanna hotnaba amadi USA gi khuju khutlai langi machak mathum leihoubafanghounaba India na kanna Diplomatic policy ama chathaduna civilian nuclear deal asi touhounaba hotnabani. Aduga nakal mararomdana USA gi lalol-itikki trade expansion asi Asia romda chaothorakpa pamba amadi Asia gi leibaksinggi allies semduna lalol-itik amadi military corporation pinaba asigi pandam asi yattuna USA na paikhatalakpani. Aduga communist block ta khawaidagi kanba China asi USA na namthaba pambana Asia da USA gi changjafam fangnaba USA na allies thirakpada India fangbani. India su hannadagi China ga yeknaduna leibana USA ga marup oiba pambani.

Maram aduna USAsu Andaman Nicobar ithat kaya Bangkop Sagarda makhhoigi achouba warship fled ahum thamnaba India da kanna taknari. Masi India nasu Chinese threat tagi ngakpa ngamgani amadi USA nasu China da anakpa mafam oibana karigumba pungfam amada hekta attack toubanangabagi thourang leiba China gi mathakta landasinbagi khudongchaba mafam oibana US na India da makhhoigi langi jahaj thamba pambani. Masi warship fled asina US ki commercial oiba trade ki jahaj oil, seed, rice purakpa jahajsinbu security piduna ngakpa ngamgani khabana makhoina Bay of Bengal Chinese border nakna ishing lanmi thamnaba India da taknabani amadi India nasu masigi khudongchaba louhoubani. Aduna war strategy, military strategy, trade policy gi kannaba yenglaga USA su thourang asi paikhatalakpani. Maram aduna China na USA madi India na loukhatlakliba thourangbu kupna yengduna wa amatta ngangdana leiri. Amadi makhoina karigumba pungfam amada China gi mathakta landasinba ngambagi thourang yatpa amadi China gi Asian market ta trade ki expansion asi hatpaga policy ama India-US ki foreign diplomacy gi manung channa paikhatalakli.

Maram aduna China na masi khangladuna handak 2007 gi December-November thada Hong-Kong lomda thoujillakpa USA gi warship amadi nonglei nongsitna manghankhraba

commercial vassal jahaj sing Hong-Kong gi port ta China na changhankhidre amadi tanthokkhre. China na haibadi USA na lonna Hong-Kong base lomda laklaga Taiwan da khutlaigi amadi spiritual leader Dalai Lama su lonna unnaduna USA na asylum pi aduna makhoigi langi jahaj Kitty-Hawk nachingba manghalloi takhalloi amadi military gi jahaj, pumnamak changhalloi haina China na USA gi thourang pumba loina khangladuna tanthokkhre aduna China-US ani asi tension wangba hengatnare. Matang asidagi America amadi India anigi Nuclear deal ama Asia gi leibak manungchanba India da laklibasi.

Aduna Non-proliferation Treaty da sign toudriba India na karamna Nuclear khutlaibu civilian nuclear oihangani hairibano amadi USA su proliferation da sign toujarabasu langi khuju khutlai sabadi lepte aduna Indo-US Nuclear deal asi karigumba manungda aronba diplomatic role khara leiri haibasida meeyamna mityeng ama thamlakli.

Thamlakliba mityengdi:

1. India na USA gi langi khuju khutlai louhoubafanghouban amadi US ki support tagi UN gi permanent member oihoubafangnaba hotnahouban masigi namada USA dagi Chinese threat ngaknabagidamak military corporation gi mateng louban asini.

2. USA gina Asia da military – economy, trade ki park amagi allies semnaba leibak kaya thirakpa amadi trade expansion ama Asia da thamninglakpaga loinana USA gi military base sing expansion toubanpamlakpa amadi China, North Korea bu USA na namthaningbadagi Asia romda military – economy corporation ama shemnabagi allies thirakpa asini.

Maram aduna hairiba manunggi aronba diplomatic policy asida angka khottuna masomda mityeng thamduna nakal anina Indo-US Nuclear Deal kouba chukti ama tounabagidamak India amadi USA na shem sarakpani.